

Clinical Cosmetology, Reflexology & Advance Aroma Therapy treatments.

- Earlobe repair WITHOUT stitches
- VITILIGOPATCHES in Micropigmentation
- NONSURGICAL Hair Replacement
- Skin Therapy
- Hair Therapy
- Aroma Therapy
- Reflexology
- Non surgical Facelift
- MESO Therapy
- Aesthetic Cosmetology
- Eyebrows Implant
- Permanent Makeup
- Advanced & Organic Skin peels
- Clinical Cosmetology
- Hairweaving-Basic & Advanced techniques
- Dermarollers for Skin & Hair treatments
- Rejuvenating & anti-aging derma spa
- Acne / acne scar treatment
- Pigmentation treatment
- Personalised Aroma based treatment for any health related problems such as :
 - Diabetes
 - Arthritis
 - Rheumatism
 - Varicose veins
 - Knee pain & Ligament Repairs
 - Snoring / Sleep apnea treatment

Aromatherapy is a holistic healing treatment that uses natural plant extracts to enhance both physical & emotional health. Aromatherapy works through the sense of smell & skin absorption. Each essential oil has an array of unique healing properties, uses, & effects. Combining essential oils to create a synergistic blend creates even more benefits. Aromatherapy is said to:

- manage pain
- improve sleep quality
- reduce stress, agitation, & anxiety
- soothe sore joints
- treat headaches & migraines
- alleviate side effects of chemotherapy
- ease discomforts of labor
- fight bacteria, virus, or fungus
- improve digestion
- improve hospice & palliative care
- boost immunity

HOMEGROWN HEALTH & BEAUTY REGIME
by



Aromatherapist & Cosmetologist

+91 98212 06877 | 79777 89784

prutigondalia@yahoo.com

Crescent Bay, Lower Parel (E), Mumbai

www.drprutigondalia.com

HOMEGROWN HEALTH & BEAUTY REGIME
by



Aromatherapist & Cosmetologist

Institute of Aesthetics, Aromatherapy,
Reflexology & Cosmetology
Aroma Therapy, Reflexology &
Cosmetic Treatments

Aroma Inst is a training institute registered under trademark registration law. Aroma Inst Institute of Aesthetics, Aromatherapy, Reflexology & Cosmetology under registration act, provides training in the field of Beauty, Hair, Aesthetics, Aromatherapy, Reflexology & Cosmetology.

Dr. Priti Gondalia is an experienced Skin & Hair Therapist, Aroma Therapist (PhD), Reflexologist (PhD), Cosmetologist (Post graduate) & Hair Weaving Specialist. She is certified from International recognised EMERALDE institute. She has an experience of over 5+ years in this field.

We make Personalised health & beauty products - Homegrown health & beauty regime is our specialisation.

" WE AIM FOR SAFE TREATMENTS "
- Dr. PRITI GONDALIA

Thousands of clients have been treated with different problems

Basic & Advance Aroma Therapy course

The course teaches the prospective student to have an understanding about the use of essential oils & to gain knowledge of application in aromatherapy massage techniques incorporating the manual lymphatic drainage. The aim of our training is to provide the highest possible level of knowledge & expertise in the field of aromatherapy to facilitate the understanding of the finer points of practical application of aromatherapy to its greatest therapeutic effectiveness along with possible contra-indications & cautions.

This five day comprehensive work covers all aspects of Aromatherapy including blending of oils (200 types) Advanced Aroma Facials, Reflexology, Body Massage etc.

- Definition of Aromatherapy
- Aims of Aromatherapy
- Properties of Essential Oils
- Therapeutic qualities of Essential Oils
- Method of Extraction of Aromatherapy Oils
- Carrier Oils and Lotions
- Blending of Oils (200 types) for various treatments & ailments like Hair-fall, Dandruff, Cellulite, Pigmentation, Stress, Tensions, Oils for Relaxing and Up-lifting, Gels for Dark Circles under the Eyes, Sensitive Skin etc.
- Different ways of using Essential Oils
- Basic & Advanced Facials with use of Aromatherapy Oils
- Aromatherapy Facial Massage
- Body Massage
- Shiatsu Pressure Points
- Reflexology
- Visual presentation of Aromatherapy Massage Techniques by leading International Aromatherapists
- How to setup treatment room
- Consultation Case & Client Analysis Sources / Availability of Essential Oils.

Microdermabrasion: Skin Polishing

A special method to remove dead cells which helps to gain glow on skin also lightens pigmentation and acne scars.

Hair Extension

A one day course covering 16 techniques along with practice.

Skin Peeling

The skin peeling course has been carefully planned to give the participants confidence they need in treating the client. With the aim in mind the course is completely practice oriented, thus enabling the participants to actually perform the treatment on the client and broaden the range of services they offer in the salon.

Advantages/Usefulness of skin peeling. Treats sun burns, Lightens the skin tone, Improves skin texture, Lightens pigmentation, Cleanses clogged pores, Promotes collagen production, Lighten freckles, Stimulates new cell growth, Reduces production of sebum in oil glands, Regulates moisture, Treats sensitive and dry skin, Melesma or Cholasma, Ageing skin, Skin rejuvenation, Open pores, Inflammation, Oily skin, Pimples (Acne), Rosacea.

Pigment Implant

- We give lecture and practice on the practice skin for:
 - Permanent Eyebrows implant
 - Eyebrows repairs
 - Permanent Eyeliner
 - Permanent lipliner
 - Permanent lipstick

Cosmetic Science

The Cosmetic Science course is meant for those who want to make their own Shampoos, Conditioners, Creams, Lotions etc. and Salon Owners. The students are given practical training so that they are able to prepare all products detailed in the course on their own. Under this course the student learns to make a total of thirty items and formulae of 42 items are given. The Institute provides all the study material.

Personal Grooming Courses in Hair & Beauty

- Professional Make Up
- Professional Skin Care & facials
- Waxing
- Threading (eyebrow shaping) and Tweezing
- Hair cutting, styling & setting
- Hair Straightening and Perming – Temporary & Permanent
- Hair Tinting / Coloring and Highlighting
- Shampooing / Rinsing

Hair Weaving

The course teaches the technique of Hair Weaving for Gents and Ladies. The technique is non surgical and after Hair weaving, Hair can be shampooed, styled and one can even go for a swim just as with natural hair. For gents this helps covering bald patches, areas that have scanty hair and receding hairlines by means of a weave of natural hair, which is meshed with the existing hair. For ladies this technique enables one to have longer hair or add more hair to give more volume and head full of hair.

Microblading

Microblading, also known by a variety of names such as embroidery, microstroking, feather touch and hair like strokes, is a form of permanent makeup that is used to partially or fully camouflage missing eyebrow hair with the appearance of simulated hair using fine deposits of cosmetic tattoo pigments. The brow so created looks very natural without going through any surgical procedure.

Microblading is perfect for those who want to fully reconstruct, define, and cover gaps or fill-in over plucked brows non-surgically. It is an extremely meticulous process that takes around two hours to complete. Each microblading stroke is applied individually, allowing the control of the shape, color and density of the completed eyebrows.

The treatment begins with first marking the desired shape of the eyebrow. The next step includes the choice of colours which is patient specific and usually is picked to complement the hair colour and skin tone. Individual tattoo strokes or 'feathers' are made in the area to plot the shape and style requested.

SPECIAL COURSES

EAR LOBE REPAIR WITHOUT STITCHES

NON-SURGICAL HAIR REPLACEMENT

VITILIGOPATCHES IN MICROPIGMENTATION

SPA THERAPY / REFLEXOLOGY